



Childers Counseling Service
Located on the Country Club Plaza
Kansas City, MO 64112
Web: www.ChildersCounselingService.com
Phone: 816-892-0803
FAX: 888-965-4024
E-mail: Martha@ChildersCounselingService.com

Grief Group Therapy

Have you lost a close friend or family member to illness, old age, or a tragedy? Are you looking for someone, someplace to listen to your sadness? Each person's journey in grief is different, but telling our experience is a universal need. In Grief Group Therapy, clients explore individual stories of losses that seem too heavy to bear. Sharing stories provides a growing closeness with others in the group, as well as relief of heavy hearts.

Groups meet weekly for 1 ½ hours for six sessions. To ensure that each person has time to share experiences and receive support, groups are limited to 5 clients. Participants find deep satisfaction from sharing in a safe environment led by a trained therapist.

Cost is \$30 per session or \$150 for 6 prepaid sessions.

If you or someone you know is interested, please contact:

Martha Childers, LPC
816-892-0803
Martha@ChildersCounselingService.com